



3. DESCRIBE YOUR OTHER FULL/ULTRA DISTANCE (OR LONGER) TRIATHLONS OR EVENTS YOU HAVE DONE IN THE LAST 18 MONTHS.

4. STATE YOUR SWIMMING ABILITIES RELATIVE TO THE 6.2-MILE DISTANCE.

5. LIST YOUR OTHER ATHLETIC ACHIEVEMENTS THAT YOU FEEL ARE PERTINENT.

6. WHY DO YOU DO ULTRA-DISTANCE SPORTS, AND WHY DO YOU WANT TO PARTICIPATE IN THIS EVENT?

7. DO YOU HAVE ANY PHYSICAL, MEDICAL, AND/ OR OTHER LIMITATIONS? YES / NO (If yes, describe).

8. IS THERE ANYTHING ELSE OF RELEVANT SIGNIFICANCE THAT YOU WOULD LIKE TO ADD? YES / NO (If yes, describe).

THE ABOVE INFORMATION, AND YOUR PHOTO, ARE REQUIRED FOR YOUR BIOGRAPHY THAT WILL BE SHOWN ON OUR WEBSITE. USE ADDITIONAL SHEETS IF YOU WOULD LIKE MORE INFO INCLUDED or CONSIDERED

#### **ACKNOWLEDGEMENT, WAIVER & RELEASE FROM LIABILITY (AWRL)**

##### **Read carefully before signing**

I acknowledge that a triathlon is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN TRIATHLONS AND THE **ULTRAMAN**, IN PARTICULAR. I certify that I am physically fit, have sufficiently trained for participation in these events, and have not been advised otherwise by a qualified health professional. I acknowledge that my statements on this AWRL are being accepted by USA Triathlon (USAT) in consideration for allowing me to become a member in the USA Triathlon (USAT) association, and are being relied upon by USAT and the various race sponsors, organizers and administrators in permitting me to participate in any USA Triathlon sanctioned event.

In consideration for allowing me to become a member in USAT and allowing me to participate in USAT sanctioned events, I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I expressly acknowledge that it is my intent to take these actions: a) I AGREE to abide by the Competitive Rules adopted by USAT, including the Medical Control Rules, as they may be amended from time to time, and I acknowledge that my membership may be revoked or suspended for violation of the Competitive Rules; b) I WAIVE, RELEASE AND DISCHARGE from any and all claims or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft or damages of any kind, including economic losses, which may in the future arise out of, or relate to my participation in, or my traveling to and from a USAT sanctioned event, THE FOLLOWING PERSONS OR ENTITIES: USA Triathlon, **ULTRAMAN**, Ohana Loa Inc., event sponsors, race directors, event producers, volunteers, all states, cities, counties, or localities in which events or segments of events are held, and the officers, directors, employees, representatives and agents of any of the above, even if such claims, losses or liabilities are caused by the negligent acts or omissions of the persons I am hereby releasing or are caused by the negligent acts or omissions of any other person or entity; c) I ACKNOWLEDGE that there may be traffic or persons on the course route, and I ASSUME THE RISK OF RUNNING, BIKING, SWIMMING OR PARTICIPATING IN ANY OTHER EVENT SACTIONED BY USAT. I also ASSUME ANY AND ALL OTHER RISKS associated with participating in USAT sanctioned events including but not limited to falls, contact and/or crashes with other participants, effects of weather including heat and/or humidity, defective equipment, the condition of the roads, water hazards, contact with other swimmers or boats, and any hazard that may be posed by spectators or volunteers, all such risks being known and appreciated by me, and I further acknowledge that these risks include risks that may be the result of the negligence of the persons or entities mentioned above in paragraph (b) or of other persons or entities; d) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims, losses, or liabilities that I have waived, released or discharged herein; and e) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above in paragraph (b) from any claims made or liabilities assessed against them as a result of (i)my actions or inactions, (ii) the actions, inactions or negligence of others including those parties hereby indemnified; (iii) the conditions of the facilities, equipment, or areas where the event or activity is being conducted; (iv) the Competitive Rules; or (v) any other harm caused by an occurrence related to a USAT sanctioned event and hereby f) I AGREE TO PAY any award of damages or to otherwise satisfy any judgment rendered me or on my behalf, my representatives, heirs or assigns which may be rendered against **ULTRAMAN** or any of the persons or entities mentioned above in paragraph (b) and; g) I GRANT PERMISSION for the use of my name and/or likeness relating to my participation in a USAT sanctioned event and I WAIVE all right to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness.

I HEREBY AFFIRM THAT I WILL BE AT LEAST TWENTY (20) YEARS OF AGE OR OLDER AT THE START OF THIS YEAR'S **ULTRAMAN**, I HAVE READ THIS DOCUMENT AND THE **APPLICATION GUIDELINES**, AND I UNDERSTAND THE CONTENTS OF EACH, INCLUDING THE EVENT'S REFUND POLICY.

**I HAVE READ, UNDERSTAND, AND AGREE TO COMPLY WITH THE ULTRAMAN RULES & GUIDELINES FOUND AT [www.ultramanlive.com](http://www.ultramanlive.com)**

Name (Print): \_\_\_\_\_ Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

**APPLICATIONS RECEIVED AFTER 01 Aug 2017 WILL ONLY BE CONSIDERED IF SPACE IS OR BECOMES AVAILABLE.**